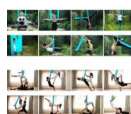
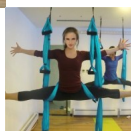
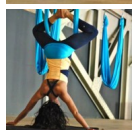
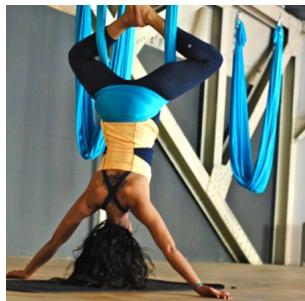


## AGPtEK Deluxe Aerial Yoga Hammock Yoga Inversion Sling Trapeze for Aerial Yoga, Flying Antigravity-Blue



Take Your Workout to the Skies: No Experience (or shoes) Required While aerial yoga is known for its value as Instagram gold, this trendy toning workout is perfect for beginners or devoted yogis alike. The AgPtek Aerial Yoga Swing is your first step in elevating your mind-body practice while invigorating your exercise routine. The AgPtek swing includes a beautiful blue yoga cloth, 3 training belts, 3 foam handles, and 4 independent hooks that can be hung in the ceiling or wall. You'll be ready to fly as soon as the package hits your doorstep. Kick up Your Core Routine Practicing aerial yoga adds an extra balance challenge to your mind-body practice. This opens up an opportunity for your core to kick into gear. Losing your traditional point of stability will help you improve your core strength in as little as six weeks on the AgPtek Yoga Swing. Flip for a Flexibility Boost Aerial yoga and the AgPtek swing will have you flipping for the fun of it. Who wouldn't want to fulfill their secrets childhood dreams of becoming an elegant acrobat? The AgPtek Yoga Aerial Swing allows you to get flexible. First, working against the gravity makes your body work harder while allowing your muscles to relax against the aerial silk. Second, becoming an aerial yogi makes you better once you're back on land - you'll master traditional mat poses much faster. Your body will get used to the feeling of normal yoga poses, and you'll be able to explore them in new ways through inversion. Boost Your Cardio The AgPtek Aerial Swing cradles your joints. No need for

cramps, aches, or pains in easy-to-strain areas like your knees, elbows, or ankles. Aerial Yoga practices can burn calories similar to traditional aerobic exercises. Want to skip your morning power walk routine due to some snow? Replace it with a calming, zen-filled aerial yoga experience and see the same results.

Rating: Not Rated Yet

**Price**

63,90 €

Discount -14,00 €

[Ask a question about this product](#)

Manufacturer [AGPTEK](#)

Description Product Specifications: A long yoga cloth in the middle, the complete set of 3 training belts with 3 foam handles in both sides, and 4 independent hooks can be hung in the ceiling or wall. 100% Brand new Size: about 2.5m\*1.5m (98.42" \* 59.05") Material: Polyester Taffeta Weight: about 1200g Load capacity: 300kg Color: Blue

**Reviews**

There are yet no reviews for this product.