

## Calm 55 cm Anti-Burst Body Ball



Beginners and elite athletes alike can reap the benefits of body balls. By targeting your abs and lower back, the Calm 55 cm Anti-Burst Body Ball is ideal for strengthening, toning and improving flexibility in the core. Even more, upper body conditioning can also be performed on the body ball. You'll definitely feel the burn in your arms, chest and shoulders.

Rating: Not Rated Yet

**Price**

14,90 €

Discount -4,00 €

[Ask a question about this product](#)

Manufacturer [Calm](#)

Description Calm 55 cm Anti-Burst Body Ball: Designed for users 5'3" and under Durable, anti-burst material Air pump for inflation Workout guide for core and upper body Supports up to 250 lbs

**Reviews**

There are yet no reviews for this product.