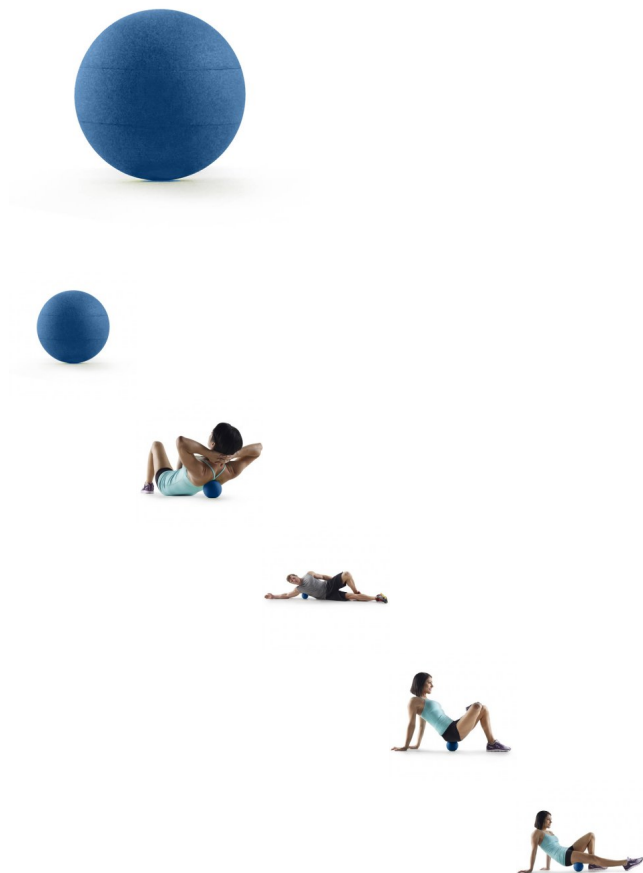


Gold's Gym 5



Ideal for relieving sore and tight muscles, the Gold's Gym 5" Massage Ball can help promote recovery and improve your flexibility. The durable EVA foam construction ensures that the ball holds shape as you use it. It's designed to target and release knots in your upper and lower body. The Gold's Gym Massage Ball is suitable for self-myofascial release, warm-up, cool-down and stretching. It comes from one of the most respected names in fitness. The compact ball is just the right size for taking with you in your luggage. It's strong enough to last despite regular use. Gold's Gym 5" Massage Ball:

Rating: Not Rated Yet

Price

15,90 €

Discount -5,00 €

[Ask a question about this product](#)

Manufacturer [Gold's Gym](#)

Description Relieve sore muscles after exerciseImprove flexibility with regular useDurable, easy-clean EVA foam constructionExercise chart includedEVA foam ball is just the right density for fitness and comfort

Reviews

There are yet no reviews for this product.