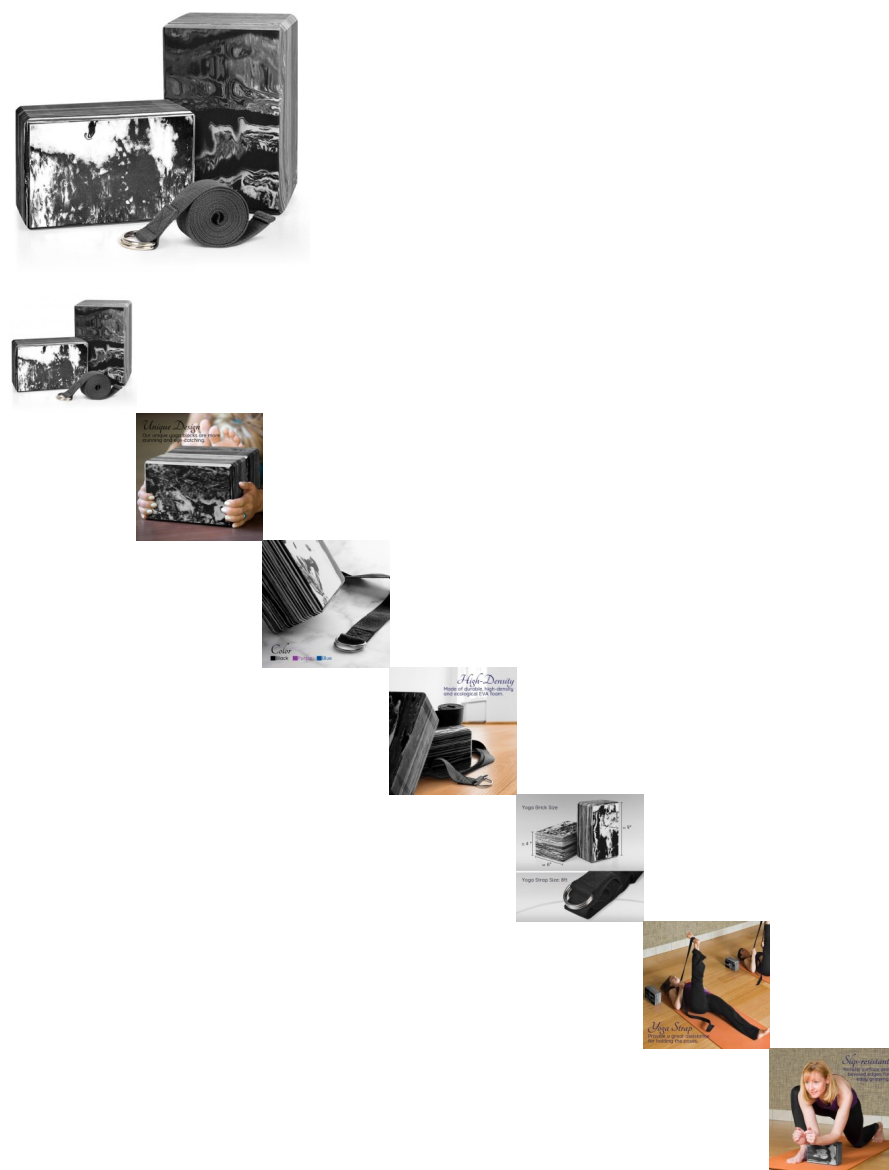


QF Yoga Blocks Plus Yoga Strap with Metal D-Ring, 9



What is a yoga block? Yoga Brick is an auxiliary tool for junior yoga practitioners and poorly flexible practitioners to help adjust posture and assist the body to achieve some movements. Why use yoga block? Yoga foam blocks support us in supporting different parts of the body, avoiding the tension of beginners due to poor softness or insufficient muscle strength. In addition, yoga brick use can help you reach to the standard of action when doing some basic yoga exercises. Practice can also increase our own physical fitness.

Rating: Not Rated Yet

Price

13,90 €

Discount -4,00 €

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Manufacturer [QF](#)

Description High-Density Yoga Bricks: Made of durable, high-density and ecological EVA foam, the foam blocks with yoga strap help beginners and senior yogis to achieve optimal alignment, deeper posture and higher strength. Slip-resistant Surface and Smooth Beveled Edges: These lightweight and supportive foam blocks are constructed of a durable foam with a nonslip surface and beveled edges for easy gripping. Eco-friendly EVA, Moisture-proof and Odor-free: No nasty smell even when new with our yoga block. The EVA foam is moisture-proof so it won't absorb sweat and is easy to clean, great choice for yogis to strengthen the body and increase the flexibility. Stunning Design and Perfect Size: Unlike other ordinary yoga blocks, our unique yoga blocks are more stunning and eye-catching. The large size (9"*6"*4") yoga blocks can be used on any side to provide the perfect height for you. Easily deepen and elongate your stretches while keeping your posture spot on. Our yoga foam blocks with strap make for the ideal yoga prop and companion! Yoga Blocks and Strap Set: Measure 4 by 9 by 6 inches each (LxWxH) and comes with a bonus 8 ft yoga strap to provide a great assistance for holding the poses, and reduces the risk of pulled muscles and other injuries. Each yoga block weighs only 0.38lb, great for yoga, Pilates, daily exercise, or physical therapy.

Reviews

There are yet no reviews for this product.