

## Resist-A-Ball Exercise Stability Ball Kit



Stay in shape with this Resist-A-Ball Exercise Stability Ball Kit. It will add a challenge to your workout while improving posture, core strength, balance and flexibility. The 65cm stability ball is ideal for use in busy facilities and offers a high resistance of up to 800 lbs. This item comes complete with a hand pump for easy inflation and a workout poster so that you can enhance your exercise routine. It is a must-have piece of training equipment for nearly every personal trainer and fitness professional.

Rating: Not Rated Yet

### Price

48,90 €

Discount -11,00 €

[Ask a question about this product](#)

Manufacturer [Resist-A-Ball](#)

Description Resist-A-Ball Exercise Stability Ball Kit: Burst resistance up to 800 lbs Includes 65cm fitness ball, workout poster and hand pump Improves posture, core strength, balance and flexibility

### Reviews

There are yet no reviews for this product.

