

## Tone Fitness Stability Ball



Make your workouts fun with the Tone Fitness Stability Ball. This easy-to-use workout accessory is ideal for physical therapy and weight training at home. You can also use it for core conditioning, spinal stabilization and balance training. With applications in yoga as well as fusion exercises, this ball suits various workout styles. Moreover, you can use this ball to help strengthen your back, abs and buttocks. The durable shell of this ball doesn

Rating: Not Rated Yet

### Price

23,90 €

Discount -6,00 €

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Manufacturer [Tone Fitness](#)

Description Tone Fitness Anti-burst Stability Ball: Effective for core conditioning, balance training and spinal stabilization Incorporates into yoga, pilates and fusion exercise programs Durable, burst-resistant shell Designed to slowly deflate if punctured Ideal for home use WARNING: This product contains one or more phthalate chemicals known to the state of California to cause birth defects and other reproductive harm See all fitness balls on Walmart.com.

### Reviews

There are yet no reviews for this product.