

Wai Lana Kits: Total Yoga Kit



Features: Once again, Wai Lana makes it easy. Through her friendly approach, Wai Lana weaves ancient wisdom with modern practicality, making the ancient science of yoga accessible and appealing to people from all walks of life. Wai Lana's Total Yoga Kit provides all the tools necessary for a complete fitness workout: Yogi Mat - 1/8" thick, full-size and latex-free* (1/8"H x 24"W x 68"L) Yoga ball - inflatable, anti-burst, and latex-free* (26"/65cm) Easy foot pump for faster inflation Instructional booklet with 27 beautifully illustrated yoga ball exercises Wai Lana's Toning Workout DVD (Running time: Approx. 50 min.) Yoga block - 4-inches for added stability (4"H x 6"W x 9"L) Yoga strap - 6-foot Poster illustrating beginner yoga poses (30"H x 44"W) 6-month membership in Wai Lana's online Relaxation Club* Tested by an independent laboratory.

Rating: Not Rated Yet

Price

83,90 €

Discount -18,00 €

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Manufacturer [Wai Lana](#)

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Reviews

There are yet no reviews for this product.